November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 CALENDAR DAY! 1:00 BALL TOSS w/Bruce ~ MD 2:00 BIBLE STUDY ~MD 3:30 Strolling music~2N & 2S 6:30 BINGO with Mary ~2N Daylight Saving Time Ends	**2** 1:45 Memory Care Fitness ~ MD 2:30 Tai Chi ~ 2N 3:00 Strolling music~ MD 6:30 BINGO with Mary ~2N	**3** 10:30 Painting Class ~2N 1:00 Strolling Music ~MD 1:00 Memory Care Art ~MD 2:15 Memory Care Trivia ~MD 2:30 Nail Spa for 2N & 2S 7:00 MOVIE ~2N	**4** 10:30 Wellness Group 2:30 Music Entertainment with Emy McB! ~MD 3:45 Memory Care Fitness 6:00 CREATIVI-TEA ~CAT	**5** 10:30 TRIVIA w/ Catherine ~MD 10:30 URBAN ZEN ~2N 1:00 Strolling Music ~MD *2:30 Catholic Service ~2N & Communion On the Units* 3:30 Memory Care Bingo ~MD 6:00 Music with Dani ~2N	**6** 10:30 Arts & Crafts ~2N 2:30 Art Therapy ~2N 3:30 Strolling music~MD 6:00 Open Game Night with Kelly ~2S/DR WEAR RED FOR AIDS AWARENESS	**7** 10:30 Native American Music & Culture Video for American Indian Heritage Month ~Channel 39 2:30 Trivia with Caroline ~MD 3:30 Strolling music ~1N & 1S 6:30 BINGO with Mary ~2N
8 1:00 BALL TOSS w/Bruce ~ MD 2:00 BIBLE STUDY ~MD 3:30 Strolling music~2N & 2S 6:30 BINGO with Mary ~2N Diwali (Hindi)	**9** 1:45 Memory Care Fitness ~ MD 2:30 Tai Chi ~ 2N 3:00 Strolling music~ MD 6:30 BINGO with Mary ~2N	**10** 10:30 Painting Class ~2N 1:00 Strolling Music ~MD 1:00 Memory Care Art ~MD 2:15 Memory Care Trivia ~MD 2:30 Nail Spa for 1N & 1S 3:30 Strolling Music ~MD	**11** *Happy Veterans Day!* 11:30 Luncheon for Vets ~2S 2:00 Veterans Day Program with/ Hampton Pipe & Drums ~MD 3:45 Memory Care Fitness WEAR RED WHITE & BLUE! 6:00 CREATIVI-TEA ~CAT Veterans Day Remembrance Day (Canada)	**12** 10:30 TRIVIA w/ Catherine ~MD 10:30 URBAN ZEN ~2N 1:00 Strolling Music ~MD *2:30 Catholic Service ~2N & Communion On the Units* 3:30 Memory Care Bingo ~MD 6:00 Music with Dani ~2N	**13** 10:30 Protestant Service~2N 2:30 Art Therapy ~2N 3:30 Strolling music~MD 6:00 Open Game Night with Kelly ~2S/DR FLANNEL/PLAID DAY!	**14** *1:45 Shabbat Service with Rabbi Altman ~2S* *2:30 BOXING~2N* 3:30 Strolling music ~1N & 1S 6:30 BINGO with Mary ~2N
15 10:30 JACKPOT BINGO w Annie! ~2N 1:00 BALL TOSS w/Bruce ~ MD 2:00 BIBLE STUDY ~MD 2:30 POKENO w/ Bruce~2N 3:30 Strolling music~2N & 2S 6:30 BINGO with Mary ~2N	**16** 1:45 Memory Care Fitness ~ MD 2:30 Tai Chi ~ 2N 3:00 Strolling music~ MD 6:30 BINGO with Mary ~2N	**17** 10:30 Painting Class ~2N 1:00 Strolling Music ~MD 1:00 Memory Care Art ~MD 2:15 Memory Care Trivia ~MD 2:30 Nail Spa for 2N & 2S 7:00 MOVIE ~2N	**18** 10:30 Wellness Group 10:30 Open Studio/ Bracelet Making ~2N 2:30 Music Entertainment with Danny Kean! ~MD 6:00 CREATIVI-TEA ~CAT	**19** 10:30 TRIVIA w/ Catherine ~MD 10:30 URBAN ZEN ~2N 1:00 Strolling Music ~MD *2:30 Catholic Service ~2N & Communion On the Units* 3:30 Memory Care Bingo ~MD 6:00 Music with Dani ~2N	**20** 10:30 Arts&Crafts~2N *2:15 ZUMBA ~2SDR* 2:30 Art Therapy ~2N 3:30 Strolling music~MD 6:00 Open Game Night with Kelly ~2S/DR WEAR BLUE DAY for Diabetes Awareness	**21** 10:30Latino Music for Latin American Heritage Month! ~Channel 39 *2:30 BOWLING ~2N* 3:30 Strolling music ~1N & 1S 6:30 BINGO with Mary ~2N
22 1:00 BALL TOSS w/Bruce ~ MD 2:00 BIBLE STUDY ~MD 3:30 Strolling music~2N & 2S 6:30 BINGO with Mary ~2N	**23** 1:45 Memory Care Fitness ~ MD 2:30 Tai Chi ~ 2N 3:00 Strolling music~ MD 6:30 BINGO with Mary ~2N	**24** DAY OF SERVICE BAKE SALE FUNDRAISER 1:00 Strolling Music ~MD 1:00 Memory Care Art ~MD 2:15 Memory Care Trivia ~MD 2:30 Nail Spa for 1N & 1S 3:30 Strolling Music ~MD 7:00 MOVIE ~2N	**25** 10:30 Wellness Group 2:30 Birthday Party with Stan & Edie! ~MD 6:00 CREATIVI-TEA ~CAT	**26** Happy Thanksgiving 11:30am THANKSGIVING LUNCHEONS ~MD & 2N/DR 3:30 FRIENDSHIP SOCIAL-MD Thanksgiving Day (U.S)	**27** 10:30 Protestant Service~2N *2:15 ZUMBA ~2S* 2:30 OPEN STUDIO ~2N 3:30 Strolling Music ~MD 6:00 Open Game Night with Kelly ~2S/DR SPORT JERSEY DAY!	**28** 1:45 MOVIE ~2N 3:30 Strolling music ~1N & 1S 6:30 BINGO with Mary ~2N
29 1:00 BALL TOSS w/Bruce ~ MD 2:00 BIBLE STUDY ~MD 3:30 Strolling music~2N & 2S 6:30 BINGO with Mary ~2N	**30** 1:45 Memory Care Fitness ~ MD 2:00 MASHED POTATO BAR ~Cafe 3:00 Strolling music~ MD 6:30 BINGO with Mary ~2N					

* Morning Social is every day at 10am in the Main Dining Room unless otherwise noted

American Indian Heritage Month, Latin American Month,
AIDS awareness, Hunger Awareness, Diabetes Awareness & Aviation Month

MOVIE CALENDAR CAN BE FOUND IN THE CAFÉ, NURSES STATIONS, OR UPON REQUEST

PLEASE NOTE: CALENDAR IS SUBJECT TO CHANGE. KEY: MD=MAIN DINING ROOM 2N=2NORTH 2S=2SOUTH WIFI NAME: STJAMES_GUEST PASSWORD: Renewal275

ST JAMES
REHABILITATION & HEALTHCARE CENTER