

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>ART FOR LIFE MONTH!!!</b>  <b>ART RECEPTION &amp; SHOW IS IN AUGUST</b>	<b>CALENDAR DAY! 1</b> 10:00 Morning Social ~MD 2:30 Arts & Crafts with Jeremy & Mike ~ 2N/DR 2:30 Tai Chi ~ 2N 2:30 TOUR OF CANADA FOR CANADA DAY! ~ CHANNEL 39 	10:00 Morning Social ~MD 2 10:30 URBAN ZEN ~MD 10:30 Painting Class ~2N 2:30 Macgyver Show ~MD 2:30 Nail Spa for 2N & 2S ~2N/DR 7:00 MOVIE ~MD	10:00 Morning Social ~2N/DR 3 11:30am 1S FAMILY & FRIENDS PICNIC ON THE PATIO with music entertainment! 3:00 Lutheran Services ~2N 3:30 Wellness Group ~Outdoor Patio	10:00 Morning Social ~MD 4 <b>HAPPY 4<sup>th</sup> of JULY!</b> 2:30 Firework Show ~MD & Channel 38  3:00 FRIENDSHIP SOCIAL-1N <b>WEAR RED WHITE &amp; BLUE!!</b>	10:00 Morning Social ~MD 5 2:00 BIBLE STUDY ~MD 1:45 MOVIE ~2N 3:00 Strolling music ~1N&1S	10:00 Morning Social ~MD 6 2:30 BALL TOSS~MD  3:30 Strolling music on ~1N & 1S
10:00 Morning Social ~MD 7 11:00-12:00 1:1's on units 11:15 Gentle Chair Exercise on Channel 39 2:30 POKENO w/ Bruce ~MD 3:30 Strolling music ~2N & 2S	10:00 Morning Social ~MD 8 2:30 <b>BINGO</b> With Jeremy ~MD 2:30 Tai Chi ~ 2N 	10:00 Morning Social ~MD 9 10:30 URBAN ZEN ~MD 10:30 Painting Class ~2N 2:30 Macgyver Show ~MD 2:30 Nail Spa for 1N & 1S ~MD 7:00 MOVIE ~MD	10:00 Morning Social~2NDR 10 11:30am 2S FAMILY & FRIENDS PICNIC ON THE PATIO with music entertainment! 3:00 Lutheran Services ~2N 3:30 Wellness Group ~Outdoor Patio	10:00 Morning Social ~MD 11 2:30 Church Service ~MD & Communion On the Units 3:00 FRIENDSHIP SOCIAL-1N 6:30 Evening music Dani ~2N/DR <b>WEAR GREEN FOR MINORITY MENTAL HEALTH AWARENESS</b>	10:00 Morning Social ~MD 12 10:30 <b>BOXING ~MD</b> 2:00 BIBLE STUDY ~MD 3:00 Strolling music ~1N&1S	10:00 Morning Social ~MD 13 2:30 MOVIE ~MD 3:30 Strolling music on ~1N & 1S
10:00 Morning Social ~MD 14 11:00-12:00 1:1's on units 2:30 VOLLEYBALL with Bruce ~MD  3:30 Strolling music ~2N & 2S	10:00 Morning Social ~MD 15 2:30 Arts & Crafts with Jeremy & Mike ~ 2N/DR 6:30 <b>BINGO</b> With Jeremy ~MD	10:00 Morning Social ~MD 16 10:30 URBAN ZEN ~MD 10:30 Painting Class ~2N 2:30 Macgyver Show ~MD 2:30 Nail Spa for 2N & 2S ~2N/DR 7:00 MOVIE ~MD	10:00 Morning Social ~2N/DR 17 11:30am 1N FAMILY & FRIENDS PICNIC ON THE PATIO with music entertainment! 3:00 Lutheran Services ~2N 3:30 Wellness Group ~Outdoor Patio	10:00 Morning Social ~MD 18 2:30 Church Service ~MD & Communion On the Units 3:00 FRIENDSHIP SOCIAL-1N 6:30 Evening music - Dani~2N/DR <b>WEAR YELLOW FOR SARCOMA &amp; BONE CANCER AWARENESS MONTH</b>	10:00 Morning Social ~MD 19 2:00 BIBLE STUDY ~MD 2:30 <b>ZUMBA ~2N/DR</b> 3:00 Strolling music ~1N&1S	10:00 Morning Social ~MD 20 2:30 TOUR OF FRANCE FOR FRENCH AMERICAN HERITAGE MONTH! ~ CHANNEL 39  2:30 Afternoon Social ~MD 3:30 Strolling music on ~1N & 1S
10:00 Morning Social ~MD 21 11:00-12:00 1:1's on units 11:15 Gentle Chair Exercise on Channel 39 2:30 POKENO w/ Bruce ~MD 3:30 Strolling music on 2N&2S	10:00 Morning Social ~MD 22 2:30 <b>BINGO</b> With Jeremy ~MD 2:30 Tai Chi ~ 2N 	10:00 Morning Social ~MD 23 10:30 URBAN ZEN ~MD 2:30 Macgyver Show ~MD 2:30 Nail Spa for 1N & 1S ~MD 7:00 MOVIE ~MD	10:00 Morning Social~2N/DR 24 11:30am 2N FAMILY & FRIENDS PICNIC ON THE PATIO with music entertainment! 3:00 Lutheran Services ~2N 3:30 Wellness Group ~Outdoor Patio	10:00 Morning Social ~MD 25 10:30 <b>RESIDENT COUNCIL</b> 2:30 Church Service ~MD & Communion On the Units 3:00 FRIENDSHIP SOCIAL-1N 6:30 Evening music - Dani~2N/DR <b>WEAR ANIMAL PRINT FOR WILD ABOUT WILDLIFE</b>	10:00 Morning Social ~MD 26 2:00 BIBLE STUDY ~MD 2:30 <b>ZUMBA ~2N/DR</b> 3:00 Strolling music ~1N&1S	10:00 Morning Social ~MD 27 10:30 FRIENDSHIP SOCIAL-1S 11:00-12:00 1:1's on the units 2:30 <b>BOXING ~MD</b> 3:30 Strolling music ~1N & 1S
10:00 Morning Social ~MD 28 11:00-12:00 1:1's on units 11:15 Gentle Chair Exercise on Channel 39 2:30 POKENO w/ Bruce ~MD 3:30 Strolling music on 2N&2S	10:00 Morning Social ~MD 29 2:30 Arts & Crafts with Jeremy & Mike ~ 2N/DR 2:30 Tai Chi ~ 2N  6:30 <b>BINGO</b> With Jeremy ~MD	10:00 Morning Social ~MD 30 10:30 URBAN ZEN ~MD 10:30 Painting Class ~2N 2:30 Macgyver Show ~MD 2:30 Nail Spa for 2N & 2S ~2N/DR 7:00 MOVIE ~MD	10:00 Morning Social ~MD 31 10:30 Lutheran Services ~2N 10:30 Wellness Group outdoor patio(Weather permitting)  2:30 Birthday Party with Vance! ~MD	<h1>July 2024</h1>  <p><b>Please Note: Calendar is Subject to Change</b></p>		
<p>DISABILITY PRIDE, MINORITY MENTAL HEALTH AWARENESS, FRENCH AMERICAN HERITAGE, SARCOMA &amp; BONE CANCER AWARENESS, WILD ABOUT WILDLIFE MONTH!</p>						