

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

APRIL 2023

“My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style.” Maya Angelou



2:30 Music Entertainment¹ by Kenny Hendricks
2:30 Virtual Trip to Scotland for Scottish-American Heritage Month ~Channel 38




April Fools' Day

10:00 Morning Social ~MD
10:30 Palms on the units
PALM SUNDAY




WORLD AUTISM ACCEPTANCE DAY
Palm Sunday

10:00 Morning Social ~MD
2:30 Arts & Crafts Class w/ Anne ~2N/DR
2:30 Tai Chi Class With Master Bob ~ MD 

6:30 **BINGO** w/Jeremy
7:45 Movie ~MD
Jane Goodall's Birthday!

10:00 Morning Social ~MD
10:30 Yoga with Frank ~MD
10:30 Painting Class ~2S/DR
11:00 Yoga W/ Frank~ Cafe
2:30 Nail Spa for 1N & 1S ~MD
6:00 Relaxation Group ~2S DR
Maya Angelou's Birthday!

10:00 Morning Social ~MD
10:30 Wellness Group w/Dani~1S
2:30 Music Entertainment with Tom Adamo ~MD
2:30 Music Strolling on the Units
6:00 **ART THERAPY ~2S/DR**
7:00 **MOVIE ~MDR**
HAPPY PASSOVER!
Passover Begins


10:00 Morning Social ~MD
10:30 Urban Zen w/ Jacqui~MD
1:30 **BIBLE STUDY ~MD** 
2:30 Church Service ~MD & Communion On the Units
2:30 Music Strolling~2N & 2S
6:30 Evening music w/ Dani~2S/DR

10:00 Morning Social ~MD
2:30 Seated Drum Fit Class With Genalin ~2N/DR 

WORLD HEALTH DAY!
WEAR BLUE DAY for Autism Awareness

10:00 Morning Social ~MD
2:30 Tour of the Bronx Zoo ~ Channel 38
2:30 **EASTER EGG DYE CRAFT ~2S/DR**
3:30 Music Strolling ~1N & 1S
ZOO LOVERS DAY!


10:00 Morning Social ~MD
2:30 The Easter Bunny Comes to St. James!
2:30 **FAMILY FEUD ~MD**
HAPPY EASTER!

10:00 Morning Social ~MD
2:30 Arts & Crafts Class w/ Anne ~2N/DR
2:30 Tai Chi Class With Master Bob ~ MD 

6:30 **BINGO** w/ Bruce
7:45 Movie ~MD

10:00 Morning Social ~MD
12:00 **PASSOVER SEDAR** with Rabbi Altman ~2s/DR
2:30 Nail Spa for 2N & 2S ~2N/DR
6:00 Relaxation Group ~2S DR
WORLD BREATHING DAY!

10:00 Morning Social ~MD
10:30 Wellness Group w/Dani ~1S Dayroom
2:30 Music Entertainment with Tony Mingo ~MD
2:30 Music Strolling on the Units
6:00 **ART THERAPY ~2S/DR**
7:00 **MOVIE ~MDR**

10:00 Morning Social ~MD
10:30 Urban Zen w/ Jacqui~MD
1:30 **BIBLE STUDY ~MD** 
2:30 Church Service ~MD & Communion On the Units
2:30 Music Strolling~2N & 2S
6:30 Evening music w/ Dani~2S/DR

10:00 Morning Social ~MD
10:00 Crosswords w/ Annie ~2N/DR
1:45 **MOVIE ~MD**
2:30 Zumba w/ Genalin! ~2N/DR
GOOD FRIDAY!
WEAR YELLOW/GOLD DAY for National Deaf History Month

10:00 Morning Social ~MD
2:30 **KARAOKE ~MD**




10:00 Morning Social ~MD
2:30 Music Entertainment by Nina ~MD


10:00 Morning Social ~MD
2:30 Arts & Crafts Class w/ Anne ~2N/DR
2:30 Tai Chi Class With Master Bob ~ MD 

6:30 **BINGO** w/Jeremy
7:45 Movie ~MD

10:00 Morning Social ~MD
10:30 Yoga with Frank ~MD
10:30 Painting Class ~2S/DR
11:00 Yoga W/ Frank~ Cafe
2:30 Nail Spa for 1N & 1S ~MD
6:00 Relaxation Group ~2S DR

10:00 Morning Social ~MD
10:30 Wellness Group w/Dani ~1S
2:30 BIRTHDAY PARTY & Music Entertainment with Ray Lani ~MD 
2:30 Music Strolling on the Units
6:00 **ART THERAPY ~2S/DR**
7:00 **MOVIE ~MDR**

10:00 Morning Social ~MD
10:30 Urban Zen w/ Jacqui~MD
1:30 **BIBLE STUDY ~MD** 
2:30 Church Service ~MD & Communion On the Units
2:30 Music Strolling~2N & 2S
6:30 Evening music w/ Dani~2S/DR


10:00 Morning Social ~MD
1:45 **MOVIE ~MD**
2:30 Seated Drum Fit Class With Genalin ~2N/DR 


WEAR PURPLE DAY for Sarcoidosis Awareness

10:00 Morning Social ~MD

2:30 Earth Day Activity ~MD
HAPPY EARTH DAY!
Earth Day

10:00 Morning Social ~MD
2:30 **FAMILY FEUD ~MD**
3:30 Strolling music on 2N & 2S

10:00 Morning Social ~MD
2:30 Red Hat Arts & Crafts with Anne~ 2N/DR 

2:30 Tai Chi Class With Master Bob ~ MD 

6:30 **BINGO** w/ Bruce
7:45 Movie ~MD

10:00 Morning Social ~MD
10:30 Yoga with Frank ~MD
10:30 Painting Class ~2S/DR
11:00 Yoga W/ Frank~ Cafe
2:30 Nail Spa for 2N & 2S ~2N/DR
6:00 Relaxation Group ~2S DR
RED HAT SOCIETY DAY!


10:00 Morning Social ~MD
10:30 Wellness Group w/Dani ~1S Dayroom
2:30 Music Entertainment with Kenny Hendricks ~MD
2:30 Music Strolling on the Units
6:00 **ART THERAPY ~2S/DR**
7:00 **MOVIE ~MDR**
Administrative Professionals Day

10:00 Morning Social ~MD
10:30 RESIDENT COUNCIL 
1:30 **BIBLE STUDY ~MD**
2:30 Church Service ~MD & Communion On the Units
2:30 Music Strolling~2N & 2S
6:30 Evening music w/ Dani~2S/DR

10:00 Morning Social ~MD
10:00 Crosswords with Annie ~2N/DR
2:30 **ARBOR DAY PROJECT** for ARBOR DAY! ~MD
GLOBAL PAY IT FORWARD DAY!
WEAR SILVER/GREY DAY for Parkinson's Awareness
Arbor Day

10:00 Morning Social ~MD
2:30 **BOWLING ~MD**



10:00 Morning Social ~MD
PO-KE-NO
2:30  with Bruce! -MD
2:30 Educational Video about Arab American Heritage and then Arabian music on Channel 38
Willie Nelson's Birthday!

Arab American Heritage Month, National Deaf History Month, Limb Loss & Limb Difference Awareness Month, National Counseling Awareness Month, Parkinson's Awareness Month, Sarcoidosis Awareness Month, Stress Awareness Month, Cushing Disease Awareness Month




** Note: CALENDER IS SUBJECT TO CHANGE KEY: MD=Main Dining Room DR=Dining Room