

Sunday

Monday

Tuesday

Wednesday












Thursday

Friday

Saturday

# March 2023

May your troubles be less and your blessings be more & nothing but happiness come through your door! -Irish Blessing

<p>10:00 Morning Social ~MD</p> <p>2:30  with Bruce! -MD</p> <p>3:30 Strolling music on 2N &amp; 2S</p>	<p>10:00 Morning Social ~MD</p> <p>2:30 Arts &amp; Crafts Class w/ Anne ~2N/DR</p> <p>2:30 Tai Chi Class With Master Bob ~ MD </p> <p>6:30  w/Jeremy</p> <p>7:45 <b>Movie ~MD</b> HAPPY PURIM! <small>Purim Begins</small></p>	<p>10:00 Morning Social ~MD</p> <p>10:30 Yoga with Frank ~MD</p> <p>10:30 Painting Class ~2S/DR</p> <p>11:00 Yoga W/ Frank~ 2N/DR</p> <p>2:30 Nail Spa for 1N&amp;1S ~MD</p> <p>6:00 Relaxation Group ~2S DR</p>	<p>10:00 Morning Social ~MD</p> <p>10:30 Wellness Group w/Dani ~1S Dayroom</p> <p>2:30 Music Entertainment with Tommy H ~MD</p> <p>6:00 ART THERAPY ~2S/DR <small>International Women's Day!</small></p>	<p>10:00 Morning Social ~MD</p> <p>10:30 Urban Zen w/ Jacqui~MD</p> <p>1:30 <b>BIBLE STUDY ~MD</b> </p> <p>2:30 Church Service ~MD &amp; Communion On the Units</p> <p>2:30 Music Strolling~2N &amp; 2S</p> <p>6:30 Evening music w/ Dani~2S</p>	<p>10:00 Morning Social ~MD</p> <p>1:45 Movie Matinee ~MD</p> <p>2:30 Fit Drumming with Genalin ~2N/DR</p> <p>3:00 Music Strolling on 1N &amp; 1S units</p> <p><i>Wear Blue Day! For Colon Cancer Awareness</i></p>	<p>10:00 Morning Social ~MD</p> <p>2:30 BALL TOSS ~MD</p> <p>3:30 Music Strolling ~1N &amp; 1S</p>
<p>10:00 Morning Social ~MD</p> <p>2:30 Music Entertainment w/ Nina ~MD</p> <p>3:30 Strolling music on 2N &amp; 2S <small>Daylight Saving Time Begins</small></p>	<p>10:00 Morning Social ~MD</p> <p>2:30 Arts &amp; Crafts Class w/ Anne ~2N/DR</p> <p>2:30 Tai Chi Class With Master Bob ~ MD </p> <p>6:30  w/ Bruce ~MD</p> <p>7:45 <b>Movie ~MD</b></p>	<p>10:00 Morning Social ~MD</p> <p>10:30 Yoga with Frank ~MD</p> <p>11:00 Yoga W/ Frank~ 2N/DR</p> <p>2:30 Nail Spa for 2N&amp;2S~2N/DR</p> <p>4:00 <b>Safety Awareness Education by the Director of Nursing ~MD</b></p> <p>6:00 Relaxation Group ~2S DR</p>	<p>10:00 Morning Social ~MD</p> <p>10:30 Wellness Group w/Dani ~1S Dayroom</p> <p>2:30 Music Entertainment with Ray Lani ~MD</p> <p>6:00 ART THERAPY ~2S/DR</p>	<p>10:00 Morning Social ~MD</p> <p>10:30 Urban Zen w/ Jacqui ~MD</p> <p>1:30 <b>BIBLE STUDY ~MD</b> </p> <p>2:30 Church Service ~MD &amp; Communion On the Units</p> <p>2:30 Music Strolling~2N &amp; 2S</p> <p>6:30 Evening music w/ Dani~2S</p>	<p>10:00 Morning Social ~MD</p> <p>2:30pm ST. PATTY'S DAY PERFORMANCE DRUM &amp; BAG PIPER</p> <p>2:30 ZUMBA with Genalin ~2N/DR</p> <p>3:00 Music Strolling on 1N &amp; 1S units</p> <p><b>HAPPY ST. PATRICK'S DAY!</b> <i>WEAR GREEN DAY FOR IRISH AMERICAN HERITAGE MONTH!</i></p>	<p>10:00 Morning Social ~MD</p> <p>2:30 Afternoon Karaoke ~MD </p> <p>3:30 Music Strolling on 1N &amp; 1S</p>
<p>10:00 Morning Social ~MD</p> <p>2:30 <b>FAMILY FEUD ~MD</b></p> <p>3:30 Strolling music on 2N &amp; 2S</p>	<p>10:00 Morning Social ~MD</p> <p>2:30 Arts &amp; Crafts Class w/ Anne ~2N/DR</p> <p>2:30 Tai Chi Class With Master Bob ~ MD </p> <p>6:30  w/ Jeremy</p> <p>7:45 <b>Movie ~MD</b> HAPPY SPRING! <small>Spring Begins</small></p>	<p>10:00 Morning Social ~MD</p> <p>10:30 Yoga with Frank ~MD</p> <p>10:30 Painting Class ~2S/DR</p> <p>11:00 Yoga W/ Frank~ 2N/DR</p> <p>2:30 Nail Spa for 1N&amp;1S ~MD</p> <p>6:00 Relaxation Group ~2S DR</p>	<p>10:00 Morning Social ~MD</p> <p>10:30 Wellness Group w/Dani ~1S Dayroom</p> <p>2:30 St. James Hellenic Dancers for Greek American Heritage Month! ~MD</p> <p>6:00 ART THERAPY ~2S/DR <small>Ramadan Begins</small></p>	<p>10:00 Morning Social ~MD</p> <p>10:30 Urban Zen w/ Jacqui ~MD</p> <p>1:30 <b>BIBLE STUDY ~MD</b> </p> <p>2:30 Church Service ~MD &amp; Communion On the Units</p> <p>2:30 Music Strolling~2N &amp; 2S</p> <p>6:30 Evening music w/ Dani~2S</p>	<p>10:00 Morning Social ~MD</p> <p>2:30 Fit Drumming with Genalin ~2N/DR</p> <p>3:00 Music Strolling on 1N &amp; 1S units</p> <p><i>Wear RED Day! For World Tuberculosis Day</i></p>	<p>10:00 Morning Social ~MD</p> <p>2:30 Tour of Greece ~Channel 38</p> <p>2:30 <b>JACKPOT BINGO</b> with Annie</p> <p>3:30 Music Strolling ~1N &amp; 1S <i>GREEK INDEPENDENCE DAY!</i></p>
<p>10:00 Morning Social ~MD</p> <p>2:30 Mr. Karaoke Music Entertainment -MD</p> <p>3:30 Strolling music on 2N &amp; 2S</p>	<p>10:00 Morning Social ~MD</p> <p>2:30 Arts &amp; Crafts Class w/ Anne ~2N/DR</p> <p>2:30 Tai Chi Class With Master Bob ~ MD </p> <p>6:30  w/ Bruce ~MD</p> <p>7:45 <b>Movie ~MD</b></p>	<p>10:00 Morning Social ~MD</p> <p>10:30 Yoga with Frank ~MD</p> <p>11:00 Yoga W/ Frank~ 2N/DR</p> <p>2:30 Nail Spa for 2N&amp;2S ~2N/DR</p> <p>4:00 <b>Seizure Awareness Education by the Director of Nursing ~MD</b></p> <p>6:00 Relaxation Group ~2S DR</p>	<p>10:00 Morning Social ~MD</p> <p>10:30 Wellness Group w/Dani</p> <p>2:30 <b>BIRTHDAY PARTY &amp; Music Entertainment with Vance ~MD</b></p> <p>6:00 ART THERAPY ~2S/DR </p>	<p>10:00 Morning Social ~MD</p> <p>10:30 Urban Zen w/ Jacqui ~MD</p> <p>1:30 <b>BIBLE STUDY ~MD</b> </p> <p>2:30 Church Service ~MD &amp; Communion On the Units</p> <p>2:30 Music Strolling~2N &amp; 2S</p> <p>6:30 Evening music w/ Dani~2S</p>	<p>10:00 Morning Social ~MD</p> <p>1:45 Movie Matinee ~MD</p> <p>2:30 ZUMBA with Genalin ~2N/DR</p> <p>3:00 Music Strolling on 1N &amp; 1S units</p> <p><i>Wear PURPLE day for Epilepsy Awareness!</i></p>	 <p>ST. JAMES REHABILITATION &amp; HEALTHCARE CENTER</p>

\*\* Note: CALENDER IS SUBJECT TO CHANGE KEY: MD=Main Dining Room DR=Dining Room