

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# July 2022

\*Rabbi Altman to visit as able and as needed



10:00 Morning Socials  
2:30 Seated Zumba Gold With Genalin ~ MD  
 ZUMBA  
3:30 Fresh Fruit Parfaits ~MD  
Canada Day

10:00 Morning Socials ~MD & 2N/DR  
2:30 POKENO ~MD  
 PO·KE·NO

10:00 Morning Socials ~MD & 2N/DR  
2:30 MOVIE MATINEE  
 Peachy Keen Day!

10:00 Morning Socials  
10:30 KAZOO CLUB ~MD  
2:30 Music Entertainment ~MD  
**RED, WHITE, & BLUE ICE POPS!** ~On the units  
**HAPPY 4<sup>th</sup> of JULY!**  
Independence Day (US)

10:00 Morning Socials  
10:30 Yoga with Frank ~MD  
11:00 Yoga With Frank ~ 2N/DR  
2:30 Nail Spa for 1N & 1S ~MD  
4:00 Music Strolling on 2<sup>nd</sup> floor with Dani  
6:00 Relaxation Group ~2S DR

10:00 Morning Socials ~MD & 2N/DR  
10:30 Wellness Group w/ Dani~MD  
2:30 Music Entertainment With Vance ~MD  
6:00 ART THERAPY ~2S

10:00 Morning Socials ~MD & 2N/DR  
11-11:30 Urban Zen With Jacqui ~MD  
2:30 Church Service ~MD & Communion On the Units  
6:30 Evening music with Dani ~2S DR

10:00 Morning Socials  
2:30 JACKPOT BINGO~MD  
 JACKPOT BINGO  
2:30 History Education & Discussion with Mike ~2S/DR  
3:30 Fresh Fruit Parfaits ~2S/DR

10:00 Morning Socials ~MD & 2N/DR  
2:30 VIRTUAL TOUR OF INDIA ~Channel 38

10:00 Morning Socials ~MD & 2N/DR  
2:30 SPA CART on 1N & 1S Units

10:00 Morning Socials ~MD & 2N/DR  
10:30 KAZOO CLUB ~MD  
11:00 Arts & Crafts with Anne and Bruce~ 2S/DR  
2:30 Tai Chi Class With Master Bob ~ MD  
6:30 POKENO with Jeremy ~MD

10:00 Morning Socials  
10:30 Yoga with Frank ~MD  
11:00 Yoga With Frank ~ 2N/DR  
2:30 Nail Spa for 2N & 2S ~MD  
4:00 Music Strolling on 1<sup>st</sup> floor with Dani  
6:00 Relaxation Group ~2S DR

10:00 Morning Socials ~MD & 2N/DR  
10:30 Wellness Group w/ Dani~MD  
2:30 Music Entertainment With Vance ~MD  
6:00 ART THERAPY ~2S

10:00 Morning Socials ~MD & 2N/DR  
11-11:30 Urban Zen With Jacqui ~MD  
2:30 Church Service ~MD & Communion On the Units  
6:30 Evening music with Dani ~2S DR

10:00 Morning Socials ~MD & 2N/DR  
2:30 FAMILY FEUD ~MD  
3:30 Fresh Fruit Parfaits ~MD

10:00 Morning Socials ~MD & 2N/DR  
2:30 MOVIE MATINEE ~MD

10:00 Morning Socials ~MD & 2N/DR  
2:30 SPA CART on 2N & 2S Units

10:00 Morning Socials ~MD & 2N/DR  
10:30 KAZOO CLUB ~MD  
11:00 Arts & Crafts with Anne And Jeremy ~ 2S/DR  
2:30 Tai Chi Class With Master Bob ~ MD  
6:30 Bingo with Bruce ~MD

10:00 Morning Socials  
10:30 Yoga with Frank ~MD  
11:00 Yoga With Frank ~2N/DR  
2:30 Nail Spa for 1N & 1S ~MD  
4:00 Music Strolling on 2<sup>nd</sup> floor with Dani  
6:00 Relaxation Group ~2S DR

10:00 Morning Socials  
10:30 Wellness Group w/ Dani~MD  
2:30 MONTHLY BIRTHDAY PARTY!! ~MD  
Music Entertainment by Vance  
6:00 ART THERAPY ~2S

10:00 Morning Socials  
10:30 RESIDENT COUNCIL ~MD  
11-11:30 UrbanZen w/ Jacqui ~MD  
2:30 Church Service ~MD & Communion on the Units  
6:30 Evening music with Dani ~2S DR

10:00 Morning Socials  
2:30 Seated Drum Fit Class With Genalin ~ MD  
3:30 Fresh Fruit Parfaits ~MD

10:00 Morning Socials  
2:30 Vanilla Ice Cream on the Patio!  
National Vanilla Ice Cream Day!  
National Get Outside Day!

10:00 Morning Socials ~MD & 2N/DR  
2:30 KARAOKE ~MD  
 KARAOKE

10:00 Morning Socials ~MD & 2N/DR  
10:30 KAZOO CLUB ~MD  
11:00 Watercolor Class with Anne and Bruce ~2S/DR  
2:30 Tai Chi Class With Master Bob ~ MD  
6:30 Bingo with Jeremy ~MD

10:00 Morning Socials  
10:30 Yoga with Frank ~MD  
11:00 Yoga With Frank ~ 2N/DR  
2:30 Nail Spa for 2N & 2S ~MD  
4:00 Music Strolling on 1<sup>st</sup> floor with Dani  
6:00 Relaxation Group ~2S DR

10:00 Morning Socials  
10:30 Wellness Group w/ Dani~MD  
2:30 Music Entertainment with Vance ~MD  
6:00 ART THERAPY ~2S

10:00 Morning Socials ~MD & 2N/DR  
10:30 Communion on the units  
11-11:30 Urban Zen With Jacqui ~MD  
2:30 ART FOR LIFE ART SHOW! ~MD

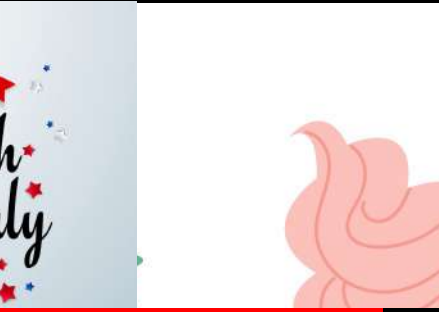
10:00 Morning Socials ~MD & 2N/DR  
2:30 VIEWING OF THE TALENT SHOW FROM NURSING HOME WEEK 2022 ~MD  
3:30 Fresh Fruit Parfaits ~MD

10:00 Morning Socials ~MD & 2N/DR  
2:30 Cheesecake for National Cheesecake Day! ~MD  
National Cheesecake Day!

10:00 Morning Socials ~MD & 2N/DR  
2:30 POKENO ~MD  
PO·KE·NO

World Watercolor Month!  
National Wheelchair Beautification Month!  
Sarcoma Awareness Month  
Disability Pride Month!  
Hindu Persecution Awareness Month!  
Fibroids Awareness Month!  
National HIV Awareness Month!  
International Women with Alopecia Awareness Month!

OUTDOOR PATIO SOCIAL  
Every Day from 10:15-11:00AM  
\* Weather Permitting \*  
PROTESTANT VIRTUAL LIVE SERVICE  
Every Thursday at 11am ~Channel 38



Note: Calendar is subject to change. \*\* KEY: MD= MAIN DINING ROOM DR=DINING ROOM A=KITCHEN SIDE B= TV SIDE