







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Coffee Café-MD 10:30 Arts & Craft-2S/D 2:30 Tai Chi Class Seated w/Master Bob-MD 2:45 Drawing & Painting-2S/D 2:45 Afternoon Tea for 1S/1N-MD/B 6:45 Bingo-MD	2 9:45 Coffee Café-MD 10:30 Urban Zen-MD/B  2:30 BINGO - MD 2:30 Spa Hour-2N/D Simchat Torah	3 10:00 Coffee Café-MD 10:30 Knitting & Crocheting -2S/D 10:45 Wellness Group-1S/DR 2:30 Vance Performing-MD 6:45 Evening Stretch-MD	4 9:45 Coffee Café-MD 10:30-11 Yoga Class Seated w/Frank-2N/D 11-11:30 Yoga Class Seated w/Frank-MD 2:30 Catholic Services- MD 3:00 Rosary Recital-MD 3:00 Music w/Danni for 2North 6:45 Pokeno-MD	5 9:45 Coffee Café-MD 10:30 Watercolor Painting In the 2S/D 2:00 Shabbat Services-2N/D 2:30 BINGO-MD 6:45 Evening Stretch-MD	6 9:45 Coffee Café-MD  11:00-3:00PM FALL FESTIVAL Benefitting Walk For Beauty 2:30 Randy Berliet Performing-MD
7 10:00 Coffee Café-MD 1:45 Communion with Deacon Margret-MD/B 2:30 Pokeno-MD 	8 10:00 Coffee Café-MD 10:30 Arts & Craft-2S/D 2:30 Tai Chi Class Seated w/Master Bob-MD 2:45 Drawing & Painting-2S/D 2:45 Afternoon Tea for 1S/1N-MD/B 6:45 Bingo-MD Columbus Day (US) Thanksgiving Day (Canada)	9 9:45 Coffee Café-MD 10:30 Protestant Service-2S/D 2:30 BINGO - MD 2:30 Spa Hour-2N/D 3:00 1st Floor Music With Danni-1S/DR 7:00 Acoustic Night w/Danni-2S/D	10 10:00 Coffee Café-MD 10:30 Knitting & Crocheting-2S/D 10:45 Wellness Group-1S/DR 2:30 Monthly Birthday Party with performances by Vance -MD & Tommy S. 2N/D 6:45 Evening Stretch-MD	11 9:45 Coffee Café-MD 10:30-11 Yoga Class Seated w/Frank-2N/D 11-11:30 Yoga Class Seated w/Frank-MD 2:30 Catholic Services- MD 3:00 Rosary Recital-MD 3:00 Music w/Danni for 2North 6:45 Pokeno-MD	12 9:45 Coffee Café-MD 10:30 Watercolor Painting In the 2S/D 2:00 Shabbat Services-2N/D 2:30 BINGO-MD 6:45 Evening Stretch-MD	13 9:45 Coffee Café-MD 2:30 Music Extravaganza With Danni-MD 
14 10:00 Coffee Café-MD 1:45 Communion with Deacon Margret-MD/B 2:30 Nick Miceli Performing-MD 	15 10:00 Coffee Café-MD 10:30 Arts & Craft-2S/D 2:30 Tai Chi Class Seated w/Master Bob-MD 2:45 Drawing & Painting-2S/D 2:45 Afternoon Tea for 1S/1N-MD/B 6:45 Bingo-MD	16 9:45 Coffee Café-MD 10:30 Protestant Service-2S/D 2:30 BINGO - MD 2:30 Spa Hour-2N/D 2:45 Pet Visits  3:00 1st Floor Music With Danni-1S/DR 7:00 Acoustic Night w/Danni-2S/D	17 10:00 Coffee Café-MD  11:15 Luncheon at the Good Steer for 1 North 2:30 Vance Performing-MD 6:45 Evening Stretch-MD	18 9:45 Coffee Café-MD 10:30-11 Yoga Class Seated w/Frank-2N/D 11-11:30 Yoga Class Seated w/Frank-MD 2:30 Catholic Services- MD 3:00 Rosary Recital-MD 3:00 Music w/Danni for 2North 6:45 Pokeno-MD	19 9:45 Coffee Café-MD 10:30 Watercolor Painting In the 2S/D 2:00 Shabbat Services-2N/D 2:30 BINGO-MD 6:45 Evening Stretch-MD	20 9:45 Coffee Café-MD 2:30 Jacque LeBas Performing 
21 10:00 Coffee Café-MD 1:45 Communion with Deacon Margret-MD/B 2:30 Pokeno-MD 	22 10:00 Coffee Café-MD 10:30 Arts & Craft-2S/D 2:30 Breast Cancer Awareness Walk & Walk for Beauty Painting Raffle  6:45 Bingo-MD	23 9:45 Coffee Café-MD 10:30 Urban Zen-MD/B  2:30 JACKPORT BINGO - MD 2:30 Spa Hour-2N/D	24 10:00 Coffee Café-MD 10:30 Knitting & Crocheting -2S/D 10:45 Wellness Group-1S/DR 2:30 Vance Performing-MD 6:45 Evening Stretch-MD	25 9:45 Coffee Café-MD 10:00 Dietary Committee-MD/b 10:30 Resident Council-MD/B 10:30-11 Yoga Class Seated w/Frank-2N/D 11-11:30 Yoga Class Seated w/Frank-MD 2:30 Mass with Father Patrick- MD 3:00 Rosary Recital-MD 3:00 Music w/Danni for 2North	26 9:45 Coffee Café-MD 10:30 Watercolor Painting In the 2S/D 2:00 Shabbat Services-2N/D 2:30 BINGO-MD 6:45 Evening Stretch-MD	27 9:45 Coffee Café-MD 2:30 Zumba Gold Class Seated w/Genalin-MD 
28 10:00 Coffee Café-MD 1:45 Communion with Deacon Margret-MD/B 2:30 Foschino Brothers Performing-MD 	29 10:00 Coffee Café-MD 10:30 Arts & Craft-2S/D 1:30 Book Club-2N/D 2:30 Tai Chi Class Seated w/Master Bob-MD 2:45 Drawing & Painting-2S/D 2:45 Afternoon Tea for 1S/1N-MD/B 6:45 Bingo-MD	30 9:45 Coffee Café-MD 10:30 Protestant Service-2S/D 2:30 BINGO - MD 2:30 Spa Hour-2N/D 3:00 1st Floor Music With Danni-1S/DR 7:00 Acoustic Night w/Danni-2S/D	31 10:00 Coffee Café-MD 10:00 Halloween Costumes 11:30 Trick-or-Treaters from Mills Pond Elementary 2:30 HALLOWEEN PARTY with Stan & Edie-MD 6:45 Evening Stretch-MD Halloween			

Note: Calendar is subject to change. ** KEY: MD=MAIN DINING ROOM D=DINING ROOM A=KITCHEN SIDE B= TV SIDE DR= DAY ROOM